

Note to Reader:
**THIS IS THE BABY'S FIRST YEARS AGE 1 BROCHURE AND LETTER ABOUT
THE VISIT**

Participating in the Study: Common Questions

► What will I be asked to do?

The interviewer will ask you to setup an appointment at a time and place convenient for you for a visit lasting approximately 90 to 120 minutes.

Up to two people will visit your home: an interviewer and an assistant. During the visit, the interviewer will ask you questions about you, your baby, and your family. She will ask about your work and education, health, the neighborhood you live in, and similar types of information. The assistant will make you, the baby, and any siblings comfortable during the visit to make sure we take as little time as possible.

We will also ask for your permission to measure your baby's brain activity, to collect a few strands of your hair, and to record a short playtime activity during which you and your baby play together.

► Do I have to participate?

Your participation is completely voluntary. You can skip any question you do not want to answer, and you can skip any study activity you do not want to do.

► What happens to my answers and information?

Your information will only be used for research, to help us understand how to support families in the future. They will be combined with answers from many other mothers. The results will only be reported for groups of mothers and not for any specific individuals. Your answers will remain confidential and you and your baby will never be named or able to be identified in any publications or reports about the study.

► What about my privacy?

We are committed to protecting your privacy. This study will follow strict rules to protect your answers. Your name is replaced with a study number. Your name, address, and telephone number will be kept in secure files and will be separated from the answers you provide. Only the research team will see your individual answers.

This study holds a Certificate of Confidentiality from the National Institute of Health to help protect your privacy. This certificate protects researchers from being asked to release any research information that identifies you.

► Who is funding the study?

This study is sponsored by the National Institute of Child Health and Human Development as well as national and local private

A study about family and life experiences during the critical first few years after a child's birth.



Interviews conducted by the University of Michigan on behalf of Columbia University, New York University, University of California at Irvine, the University of Wisconsin at Madison, University of Maryland and Duke University.

Dear [First Name],

You are one of the 1,000 mothers who decided in the past year to be in the Baby's First Years study. Thank you for joining our study!

By continuing to participate in this research, you are helping us learn how families make ends meet in ways that help children learn and grow. Your answers will represent mothers in your community and help us understand which resources and programs can help families in the future.

Next Steps:

- A Baby's First Years interviewer from the University of Michigan will be contacting you soon to schedule a visit around your baby's first birthday. You may remember them or their colleagues from our hospital visit last year. Please be on the lookout for a call from the interviewer to schedule the visit.
- **If your contact information has changed since giving birth**, or for any questions about the study, please call the University of Michigan's toll-free numbers:
 - English: (877) 647-2122
 - Spanish: (800) 643-7605

You can also call the Baby's First Years study team directly at (608) 291-7359 or email us at bfystudy@gmail.com.

Included in this letter is a check for you, as a token of our appreciation for the upcoming visit and your time. If you prefer not to cash the enclosed check, the interviewer can offer you cash at the time of your visit.

In addition to this check, you will receive \$50 cash (for a total of \$100) once you have completed the interview.

We look forward to seeing you soon!

Sincerely,
Dr. Kimberly Noble
Baby's First Years Study
Principal Investigator
Teachers College Columbia University



Your 4MyBaby debit card is loaded with money each month. Please call 608-291-7359 if you need help or a new card.